

The Woodbarn Café Menu – Allergen information

Contents

Page No.

2	Sandwiches & Burgers
3	Jacket Potatoes
4	Side Orders & Extras
5	GreenWood Melts
6	Snacks inc. Soup
7	Kids Meals
8	Tray Cakes
9	Round Cakes
10	Post Mix Drinks (Slush & Coke ect.)
11 & 12	Ice Creams

The Woodbarn Café Menu – Allergen information

Sandwiches

	<u>Celery</u>	<u>Crustaceans</u>	<u>Milk</u>	<u>Eggs</u>	<u>Fish</u>	<u>Gluten</u>	<u>Lupin</u>	<u>Molluscs</u>	<u>Mustard</u>	<u>Nuts</u>	<u>Peanuts</u>	<u>Sesame</u>	<u>Soya</u>	<u>Sulphite</u>	<u>GM</u>
Cheese Salad Sandwich	N	N	Cheese/ Flora	N	N	Bread	N	N	N	N*	N*	Bread*	Bread	N	N
Tuna Mayonnaise & Cucumber Sandwich	N	N	Flora / Mayo	Mayo	Tuna	Bread	N	N	Mayo	N*	N*	Bread*	Bread	N	N
Cheese & Ham Sandwich	N	N	Cheese/ Flora	N	N	Bread	N	N	N	N*	N*	Bread*	Bread	N	N
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Burgers

	<u>Celery</u>	<u>Crustaceans</u>	<u>Milk</u>	<u>Eggs</u>	<u>Fish</u>	<u>Gluten</u>	<u>Lupin</u>	<u>Molluscs</u>	<u>Mustard</u>	<u>Nuts</u>	<u>Peanuts</u>	<u>Sesame</u>	<u>Soya</u>	<u>Sulphite</u>	<u>GM</u>
Cajun Chicken Burger	N	N	Burger*	Burger*	N	Bap	N	N	N	N*	N*	Bap*	N*	N*	N
Llechwedd Beef Burdger	N	N	Burger*	Burger*	N	Bap / Burger	N	N	N	N*	N*	Bap*	Burger	Burger	
Veggie Burger	N	N*	N*	N*	N*	Bap/ Burger	N	N	N	N*	N*	Bap*	N*	N*	N
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Jacket Potatoes

	<u>Celery</u>	<u>Crustaceans</u>	<u>Milk</u>	<u>Eggs</u>	<u>Fish</u>	<u>Gluten</u>	<u>Lupin</u>	<u>Molluscs</u>	<u>Mustard</u>	<u>Nuts</u>	<u>Peanuts</u>	<u>Sesame</u>	<u>Soya</u>	<u>Sulphite</u>	<u>GM</u>
Jacket Potato & Butter	N	N	Butter	N	N	N	N	N	N	N*	N*	N*	N	N	N
Jacket Potato & Cheese	N	N	Butter/ Cheese	N	N	N	N	N	N	N*	N*	N*	N	N	N
Jacket Potato & Beans	N	N	Butter	N	N	N	N	N	N	N*	N*	N*	N	N	N
Jacket Potato & Tuna Mayo	N	N	Butter / Mayo	Mayo	Tuna	N	N	N	Mayo	N*	N*	N*	N	N	N
Jacket Potato & Chilli	N	N	Butter	N	N	Chilli	N	N	N	N*	N*	N*	N	N	N
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Side Orders & Extras

	<u>Celery</u>	<u>Crustaceans</u>	<u>Milk</u>	<u>Eggs</u>	<u>Fish</u>	<u>Gluten</u>	<u>Lupin</u>	<u>Molluscs</u>	<u>Mustard</u>	<u>Nuts</u>	<u>Peanuts</u>	<u>Sesame</u>	<u>Soya</u>	<u>Sulphite</u>	<u>GM</u>
Chips	N	N*	N*	N	N*	N*	N	N	N	N*	N*	N*	N	N*	N
Onion Rings	N	N*	N*	N	N*	Onion Rings	N	N	N	N*	N*	N*	N	N*	N
Baked Beans	N	N	N	N	N	N	N	N	N	N*	N*	N*	N	N	N
Garden peas	N	N	N	N	N	N	N	N	N	N*	N*	N*	N	N	N
Cheddar Cheese	N	N	Cheese	N	N	N	N	N	N	N*	N*	N*	N	N	N
Jam	N	N	N	N	N	N	N	N	N	N*	N*	N*	N	N	N
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****Chips which are free from all listed allergens are available on request and are cooked in Snowdon Snacks****

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Snacks

	<u>Celery</u>	<u>Crustaceans</u>	<u>Milk</u>	<u>Eggs</u>	<u>Fish</u>	<u>Gluten</u>	<u>Lupin</u>	<u>Molluscs</u>	<u>Mustard</u>	<u>Nuts</u>	<u>Peanuts</u>	<u>Sesame</u>	<u>Soya</u>	<u>Sulphite</u>	<u>GM</u>
Sausage Bap	N	N	Butter	N*	N	Bap/ Sausage	N	N	N	N*	N*	Bap*	N*	Sausage	N
Bacon Bap	N	N	Butter	N*	N	Bap/ Bacon*	N	N	N	N*	N*	Bap*	N*	N*	N
Beans on toast	N	N	Butter	N	N	Bread	N	N	N	N*	N*	Bread*	Bread	N	N
Tea Cake	N	N	N	N	N	Y	N	N	N	N*	N*	N*	N	N	N
Sausage Roll	N	N	N	Sausage Roll	N	Sausage Roll	N	N	N	N*	N*	N*	N	N	N
Fish Finger Bap	N	N*	Butter/ Fish Finger*	N	Fish Fingers	Bap/ Fish Fingers	N	N	N	N*	N*	Bap*	N	N*	N
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Soup of the day

	<u>Celery</u>	<u>Crustaceans</u>	<u>Milk</u>	<u>Eggs</u>	<u>Fish</u>	<u>Gluten</u>	<u>Lupin</u>	<u>Molluscs</u>	<u>Mustard</u>	<u>Nuts</u>	<u>Peanuts</u>	<u>Sesame</u>	<u>Soya</u>	<u>Sulphite</u>	<u>GM</u>
Soup & a roll	Soup	N	N	N	N	Roll	N	N	N	N*	Roll*/ Soup*	Roll*/ Soup*	N	N	N
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Kids Meals

KIDS MENU

	<u>Celery</u>	<u>Crustaceans</u>	<u>Milk</u>	<u>Eggs</u>	<u>Fish</u>	<u>Gluten</u>	<u>Lupin</u>	<u>Molluscs</u>	<u>Mustard</u>	<u>Nuts</u>	<u>Peanuts</u>	<u>Sesame</u>	<u>Soya</u>	<u>Sulphite</u>	<u>GM</u>
Sausage, Chips & Beans	N	N*	N*	N*	N*	Sausage/ Chips*	N	N	N*	N*	N*	N*	N	Sausage	N
Little Big'un	Burger	N*	N*	N*	N*	Burger/ Chips*	N	N	N*	N*	N*	N*	Burger	N*	N
Pizza, Chips & Beans	N	N*	Pizza/ Chips*	N	N*	Pizza/ Chips*	N	N	N*	N*	N*	N*	N	N*	N
Kids Fun Box	N	N	Flora/ Cheese/ Crisps*	N	N	Bread/ Crisps	N	N	N	N*	N*	N*	Bread/ Crisps*	Fruit	N
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Tray Cakes

	<u>Celery</u>	<u>Crustacea-</u> <u>ns</u>	<u>Milk</u>	<u>Eggs</u>	<u>Fish</u>	<u>Gluten</u>	<u>Lupin</u>	<u>Molluscs</u>	<u>Mustard</u>	<u>Nuts</u>	<u>Peanuts</u>	<u>Sesame</u>	<u>Soya</u>	<u>Sulphite</u>	<u>GM</u>
Boston Brownie	N	N	N*	Y	N	Y	N	N	N	N*	N*	N*	Y	N	N
Maple & Pecan Slice	N	N	Y	Y	N	Y	N	N	N	Y	N*	N*	Y	N	N
Raspberry & Coconut Slice	N	N	Y	Y	N	Y	N	N	N	N*	N*	N*	N	Y	N
Honeycomb Tiffin	N	N	Y	N*	N	Y	N	N	N	N*	N*	N*	Y	N	N
Lemon Cake	N	N	Y	Y	N	Y	N	N	N	N*	N*	N*	N	N	N
White Chocolate & Cranberry Tiffin	N	N	Y	N*	N	Y	N	N	N	Y	N*	N*	Y	N	N
Caramel Shortbread	N	N	Y	N*	N	Y	N	N	N	N*	N*	N*	Y	N	N
Luxury Mince Pies	N	N	N	N	N	Y	N	N	N	N*	N*	N*	N	N	N
Gluten Free Borwnie	N	N	Y	Y	N	N	N	N	N	N*	N*	N*	Y	N	N
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Round Cakes

	<u>Celery</u>	<u>Crustaceans</u>	<u>Milk</u>	<u>Eggs</u>	<u>Fish</u>	<u>Gluten</u>	<u>Lupin</u>	<u>Molluscs</u>	<u>Mustard</u>	<u>Nuts</u>	<u>Peanuts</u>	<u>Sesame</u>	<u>Soya</u>	<u>Sulphite</u>	<u>GM</u>
Carrot Cake	N	N	Y	Y	N	Y	N	N	N	Y	N*	N*	N	N	N
Coffee & Walnut Cake	N	N	Y	Y	N	Y	N	N	N	Y	N*	N*	Y	N	N
Angle Sparkle Cake	N	N	Y	Y	N	Y	N	N	N	N*	N*	N*	N	N	N
Daim Cake	N	N	Y	Y	N	N	N	N	N	Y	N*	N*	Y	N	N
Alabama Fudge Cake (Gf & Df)	N	N	N	Y	N	N	N	N	N	N*	N*	N*	N	N	N
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Post Mix Drinks

	<u>Celery</u>	<u>Crustaceans</u>	<u>Milk</u>	<u>Eggs</u>	<u>Fish</u>	<u>Gluten</u>	<u>Lupin</u>	<u>Molluscs</u>	<u>Mustard</u>	<u>Nuts</u>	<u>Peanuts</u>	<u>Sesame</u>	<u>Soya</u>	<u>Sulphite</u>	<u>GM</u>
Coca Cola	N	N	N	Y	N	Y	N	N	N	N*	N*	N*	Y	N	N
Diet Coke	N	N	Y	Y	N	Y	N	N	N	N*	N*	N*	Y	N	N
Fanta	N	N	Y	Y	N	Y	N	N	N	N*	N*	N*	N	Y	N
Sprite	N	N	Y	N*	N	Y	N	N	N	N*	N*	N*	Y	N	N
Starlush Strawberry	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N
Starlush Raspberry	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N
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Ice Creams

ICE CREAMS

	<u>Celery</u>	<u>Crustaceans</u>	<u>Milk</u>	<u>Eggs</u>	<u>Fish</u>	<u>Gluten</u>	<u>Lupin</u>	<u>Molluscs</u>	<u>Mustard</u>	<u>Nuts</u>	<u>Peanuts</u>	<u>Sesame</u>	<u>Soya</u>	<u>Sulphite</u>	<u>GM</u>
Luxury Vanilla	N	N	Y	N*	N	N*	N	N	N	N*	N*	N*	N*	N	N
Triple Chocolate	N	N	Y	N*	N	N*	N	N	N	N*	N*	N*	Y	N	N
Strawberry	N	N	Y	N*	N	N*	N	N	N	N*	N*	N*	N*	N	N
Honeycomb	N	N	Y	N*	N	N*	N	N	N	N*	N*	N*	Y	N	N
Mint Choc Chip	N	N	Y	N*	N	N*	N	N	N	N*	N*	N*	Y	N	N
Toffee Fudge	N	N	Y	N*	N	N*	N	N	N	N*	N*	N*	N*	N	N
Cookies & Cream	N	N	Y	Y	N	Y	N	N	N	N*	N*	N*	Y	N	N
Salted Caramel	N	N	Y	N*	N	N*	N	N	N	N*	N*	N*	N*	N	N
Raspberry Ripple	N	N	Y	N*	N	N*	N	N	N	N*	N*	N*	N*	N	N
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	<u>Celery</u>	<u>Crustaceans</u>	<u>Milk</u>	<u>Eggs</u>	<u>Fish</u>	<u>Gluten</u>	<u>Lupin</u>	<u>Molluscs</u>	<u>Mustard</u>	<u>Nuts</u>	<u>Peanuts</u>	<u>Sesame</u>	<u>Soya</u>	<u>Sulphite</u>	<u>GM</u>
Flake	N	N	Y	N	N	N	N	N	N	N*	N*	N*	N	N	N
Cone	N	N	N	N	N	Y	Y	N	N	N*	N*	N*	Y	N	N
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Ice cream tubs are available.

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